## News Release / Communiqué de presse

(version française ci-dessous)

## June Is Thyroid Awareness Month in Canada! Celebrating our 45<sup>th</sup> Anniversary of Support and Awareness!

Thyroid disease takes on many forms, including nodules and Thyroid Cancer, and can be devastating for those affected. As many as 50% of individuals go undiagnosed. Signs and symptoms can fall under Hypothyroidism; dry skin, goiter, depression, fatigue, sensitivity to cold and weak slow heartbeat, and Hyperthyroidism; weight loss, anxiety, rapid forceful heartbeat, intolerance to hot weather, muscle weakness, thyroid enlargement, tremor and eye changes.

The Thyroid Foundation of Canada (TFC) is a registered charity whose mission is to provide awareness/education of thyroid disease, moral support for patients and funding for thyroid research. We also advocate for access to treatments critical to the community.

It was founded in 1980 by Diana Meltzer Abramsky CM, BA in Kingston, Ontario, Canada. Diana wanted to improve the lives of the many patients suffering from thyroid disease as she had suffered. With the assistance of Dr. Jack Wall, she began the very first thyroid patient organization in the world.

A research fund was set up and educational material developed for patients on a wide range of thyroid topics. Currently there are thyroid patient organizations in 30 countries around the world, modeled after the Thyroid Foundation of Canada.

## Our services include:

- Medically approved thyroid information from our website: www.thyroid.ca
- Educational webinars on a variety of thyroid topics
- Live presentations on thyroid disease for requesting organizations
- Toll-free Help Line at 1-800-267-8822 or via email at info@thyroid.ca
- Thyrobulletin, TFC's official newsletter available to members (now available in French)
- Annual Research Awards program provides funding for thyroid research projects

During Thyroid awareness month, let us all do our part to learn more about thyroid disease and support those affected by it.

You can help by becoming a member of TFC, volunteering with us to help others, supporting us through a donation or consider leaving a bequest to TFC.

For further Information contact us at 1-800-267-8822 or by email at info@thyroid.ca.